

Salcombe Dinghy Sailing

Sailing Kit List for Laser Pico and RS Quba

Full length wetsuit

Thin waterproof over jacket / smock

Buoyancy Aid (we do have a supply although you might prefer to use your own)

Booties / Neoprene shoes

Peaked cap

Sunglasses

Water and a snack (please no sweets or chocolate)

Sun cream applied

If you are unsure of what to wear, please check – we don't want you to get cold.

Information on wetsuits.

A wetsuit is a neoprene insulation suit made for warmth and protection in Watersports. It functions by trapping a thin layer of water between your body and the suit. This layer of water is warmed by your body which prevents you losing too much heat whilst in the water.

Wetsuit thickness guide: <https://www.wetsuitoutlet.co.uk/blog/wetsuit-thickness-guide-74ajgdga.html>

Dinghy Sailing clothing guide: <https://www.wetsuitoutlet.co.uk/blog/dinghy-sailing-clothing-guide-bp-133.html>

Local stockists of wetsuits and other clothing:

Salcombe Boat Store on Island Street, Salcombe. <https://www.salcombeboatstore.co.uk/>

Ashby's of Salcombe, Malborough. <http://ashbyonline.co.uk/salcombe/>

The Trading Post, Kingsbridge. <https://www.thetradingpostshop.co.uk/>

Online stockists of wetsuits and other clothing:

Wetsuit Outlet. <https://www.wetsuitoutlet.co.uk/>

Decathlon. <https://www.decathlon.co.uk/>

Surfdome. <https://www.surfdome.com/>

Mountain Warehouse. <https://www.mountainwarehouse.com/>

There's lots of choice for all types of budgets.